



JOB DESCRIPTION / PROFILE

Job Title	Clinical/Counselling Psychologist or Dialectical Behaviour Therapist/Practitioner
Payband/Grade	AfC Band 7
Directorate	Operational Directorates
Job Description Reference	Gen-Pyl-7

My job makes better lives by promoting health and independence for people who use our services and their carers/support staff by delivering high quality DBT assessments, formulation, interventions and consultation and providing supervision and guidance to assistant psychologists and others as required.

Job Overview: To assess, plan, implement and evaluate the psychological needs of people using our services

- To supervise and teach unqualified staff including students
- Promoting a psychological perspective both within teams and sharing with other colleagues
- To support team managers/ Clinical leads in the development and delivering of effective services
- The postholder will be expected to work flexibly within the service

NHS Competency	Level
Communication	4
Personal and People Development	3
Health, Safety and Security	2
Service Improvement	3
Quality	3
Equality and Diversity	3
IT skills	3
Statutory Requirements	
HCPC Registered Practitioner Psychologist	

SABP Leadership Competency	
Strategic Leadership	4
People Leadership	4
Team working	4
Personal Motivation	4
Values	
Treat People Well	
Create Respectful Places	
Involve not Ignore	
Open, Inclusive and Accountable	

Qualifications required

- Doctorate in Clinical or Counselling Psychology qualification or equivalent OR
- DBT therapist/practitioner who has completed intensive DBT training and also has a core professional qualification (e.g. nursing, social work, occupational therapy).

Experience required

- Experience of working with people from across the life span with a range of mental health issues and cognitive profiles.
- Experience of delivering DBT to people with a diagnosis of personality disorder/traits

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- For Clinical/Counselling Psychologists - Experience across a range of psychological models including systemic, behavioural and individual therapeutic

Suitable for someone who passionate about providing high quality psychological support to people using our service and their carers.

key responsibilities

- To be professionally and legally responsible and accountable for all aspects of clinical work and care. To maintain high standards of care in all areas of practice in accordance with the HCPC Code of Conduct/professional guidelines and Trust Policies and Procedures. To act within the Mental Health Act and Mental Capacity Act (2005). To be aware of and implement Safeguarding Adult and Child Protection Policies, Procedures and legislation.
- To carry out comprehensive psychological assessments and formulation, plan implement and evaluate delivery of psychological interventions and consultations to support people with specific needs.
- To actively involve people in developing and agreeing their own care plan, to act as an advocate and ensure that there is proper regard for their dignity, choice, self-esteem, racial, cultural, sexual and religious needs and preferences.
- To work creatively to adapt verbal and written communication to meet the needs of people who use our services
- To undertake comprehensive risk assessments and develop effective risk management plans.
- To establish and maintain effective partnerships and relationships with colleagues, other agencies, people who use services and their carers and support staff.
- To contribute to conducting clinical audit, quality assurance and research, maintaining current knowledge of research findings and development within specific care group
- To contribute to developing and providing a range of specialist teaching/training packages which can be delivered to a range of multi-disciplinary audiences.
- To positively contribute to divisional and team developments in relation to all aspects of psychology practice.
- To contribute to the supervision and Individual Performance Review/Appraisal of assistant psychologists as required.

- To contribute to the development and implementation of appropriate policies, protocols and care pathways.
- To contribute to initiatives to ensure that the diverse needs of people within the care group are addressed within local services and future developments.

Additional Responsibilities Working Age Adults(WAA)

- To practice within a Positive Behaviour Support and trauma informed care framework.