



**JOB TITLE: Recovery Nurse**

**DEPARTMENT: Elective Orthopaedic Theatre St Woolos Hospital**

**DIVISION: Scheduled Care**

**GRADE: Band 5**

**AREA OF PRACTICE: Theatres St Woolos Hospital**

**ORGANISATIONAL RELATIONSHIPS:**

Directly reports to and monitored by the Recovery Team leaders for Theatre  
Accountable to: Recovery Leaders/Senior Nurse/Directorate manager

**JOB SUMMARY**

Exciting opportunity has arisen for Band 5 registered nurse to join our Recovery unit within the Orthopaedic theatre Department here at St Woolos Hospital. We offer an elective only service from Monday to Friday for Orthopaedics

We are looking for highly motivated and enthusiastic staff members to provide optimum care to post operative patients.

**JOB SUMMARY**

The candidates must possess excellent communication and organisational skills with an ability to prioritise workloads. The candidate must have a great work ethic and competent in the safe management of post operative care.

The ideal candidate will be expected to demonstrate commitment to their own personal and professional development and show keen interest in line with the clinical futures strategy of this Health Board. You may be required to work across ABUHB theatre sites if the needs of the service demand it.

The ability to speak Welsh is desirable for this post; Welsh and/or English speakers are equally welcome to apply. Experience is desirable, but not essential.

## **Management**

- To continually assess workload in order to support the optimum use of resources.
- Demonstrate advocacy and clinical decision-making skills with a high degree of autonomy, in all aspects of patient care within the Operating Department.
- To act at all times in such a way to provide a suitable professional role model.
- To undertake duties as required and agreed with Team leader to meet service delivery requirements
- Work collaboratively with the multidisciplinary team to provide a safe and effective quality service.
- To ensure that all professional practice within the recovery team is undertaken with the guidance of the HCPC Scope of Professional Practice and NMC Code of Conduct.
- To identify and implement appropriate administrative processes to ensure patients admitted to the unit individually and efficiently.
- The post holder will follow theatre policies, protocols, guidelines recognise variances and act upon them or report them to the appropriate leaders.
- To understand and assist in specific projects as directed by the Recovery Leaders to improve theatre services.
- To comply with the ABUHB Health and Safety Policy and actively participate in this process, having responsibility for managing risks and reporting exceptions.
- To complete DATIX when incidents arise that disrupts the service that require investigating

### **Education**

- Ensure goals set within Personal Appraisal and Development Reviews are set and achieved within a reasonable time frame
- To participate in relevant research and development, together with reflective practice to ensure high standards of patient care are being met.
- To develop and support a culture of continuous learning in the department.
- Complete up to date mandatory training and keep records of training required by ABUHB
- To ensure effective mentorship of students and preceptorship of new employees

### **Communication**

- To provide expert communication between the multidisciplinary team.
- To be able to communicate in emotionally charged environments diffusing difficult and distressing situations and resolving staff conflict, escalating to team leader as appropriate.
- Maintain confidentiality in relation to patient information, and access information only on a need-to-know basis in the direct discharge of duties and divulge information only in the proper course of duties.
- Use communication skills to manage any aggressive or abusive behaviour.
- Keep up to date with all ABUHB internal communications
- To maintain harmonious working relationships within the multidisciplinary team



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### **Personal and Professional**

- To take responsibility for maintaining your skills, knowledge levels and competencies required of a recovery Practitioner as defined by the Knowledge and Skills Framework and in accordance with the NMC Code of Professional Conduct/HCPC Scope Of professional Practice.
- To be positive about Theatre department/Directorate and to promote retention of staff.
- Ensure self-participation in a developing culture where openness and a positive approach to learning, change management and continuous professional development are attained.
- To encourage and participate in the development of research-based practice so that proven and reasonable methods of care are implemented.
- At no time should the Recovery practitioner work outside their defined level of competence. If the post holder has concerns regarding this, they should immediately discuss them with their Senior Nurse/Theatre CD. All staff have a responsibility to inform those supervising their duties if they are not competent to perform a duty.

The post holder undertaking this role is expected to behave at all times in a way that demonstrates commitment to the delivery of thoughtful patient care and continuous improvement as detailed below.

#### **Thoughtful Patient Care**

##### **Caring and Helpful**

**Polite.** Respect individual's dignity and spiritual beliefs, thoughtful and welcoming

**Helpful.** Kind, supportive, don't wait to be asked

**Listening.** Informing and communicating

#### **Continuous Improvement**

##### **Accountable and Reliable**

Reliable and happy to be **appraised**  
**Appreciative** of the contribution of others

Effective and supportive **Team working**



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### **Safe and Vigilant**

**Clean** hands and hospital so patients *are* safe

**Professional**, patients *feel* safe

**Honest**, will speak up if needed to *stay* safe

### **Clinically Excellent**

Best outcomes through **evidence-led** clinical care

**Compassionate**, gentle and see the whole person

**Value Patients' Time** to minimise waiting

### **Best Use of Time and Resources**

**Simplify processes**, to find more time to care

**Eliminate Waste**, investing for patients

Making **best use of every penny** we spend

### **Innovation for Patients**

Empowerment to act on **Patient**

**Feedback**

Improvement led by **research** and

**Evidence**

**Teaching** the next generation