

CAJE REF: 2016/0051

## **JOB DESCRIPTION**

## **JOB DETAILS:**

Job Title	STAFF NURSE
Pay Band	5
Hours of Work and Nature of Contract	37.5
Division/Directorate	MENTAL HEALTH & LEARNING DISABILITY
Department	REHABILITATION
Base	TAN Y CASTELL, RUTHIN

#### **ORGANISATIONAL ARRANGEMENTS:**

Managerially Accountable to:	UNIT MANAGER
Reports to: Name Line Manager	KAREN FARLEY
Professionally Responsible to:	

#### Job Summary/Job Purpose:

The post holder will work as an named nurse to at least one client on the unit and associate nurse for at least one other client, delivering a quality service for the care of the Seriously Mentally ill. The post holder will be expected to carry out all relevant forms of care without direct supervision, and required to supervise unqualified staff.

Tan y Castell is an eight bedded Rehabilitation Unit for people suffering from Serious Mental Illness providing a specialist service for North Wales in conjunction with other rehabilitation units within the Specialist Services.

Tan Y Castell aims to:-

- Facilitate discharge from hospital
- Identify individual needs through a detailed assessment process
- Provide a medium term therapeutic placement for continuing treatment and skills development
- Work in association with Community Mental Health Teams to develop complex packages of social and health care
- Regularly review care plans on a multi-disciplinary basis

## **DUTIES/RESPONSIBILITIES:**

#### As named nurse

- The post holder will be solely responsible for the planning, implementation and evaluation of care needs.
- To undertake a range of assessments with the client to establish a baseline point.
- To prepare care plans to ensure the delivery of effective care.
- To prepare programmes of rehabilitation, ensuring the results of the assessments are recognised.
- To evaluate and update Risk Assessments as necessary.
- To compile full and comprehensive reports for client reviews, reporting on current mental state and progress within the rehabilitation programme.
- To liaise with Community Mental Health Team colleagues with regard to discharge planning.
- To communicate complex information to clients, relatives and other professionals in regard to key worked clients.
- To maintain client case notes to ensure information is accurate and up to date. To maintain section in case notes in regard to the Mental Health Act (if appropriate) to comply with regulations set down by the Mental Health Commission.
- To direct associate nurse in any of the above aspects if unable to so yourself because of shift restrictions (e.g. night duty).

#### As Associate Nurse

- To deputise as required for the alternative care co-ordinator in relation to planning, implementation and evaluation of care.
- To undertake assessments if directed to by the alternative care co-ordinator.
- To undertake any aspect of the treatment/rehabilitation process if directed to do so by the alternative care co-ordinator.

## **General duties**

- The post holder will have a degree of autonomy within the care planning process and will be expected to organise and prioritise workload in order to deliver the planned care.
- To assess all clients' mental health on a daily basis and communicate any fluctuations in mental state to the Team Manager.
- To organise and run client groups in line with Tan Y Castell unit policy.
- To assess clients for suitability for our service, and support transition from other hospitals.

#### Managerial

The post holder is expected to take charge of the unit in the absence of the Ward Manager or Deputy Manager. When in charge of the unit the post holder will be expected to work on their own initiative and will have a degree of autonomy to make decisions as to patient care and the need to reorganise staffing on the unit if required.

The post holder will at all times be accountable for his/her own actions, and also the actions of junior staff when in charge of the unit.

The post holder is expected to maintain all records in line with the policies and procedures of BCULHB.

#### Shift Work

The post holder will be required to undertake shift work, which will include weekends.

The post holder will be required to work night duty on an internal rotation basis.

## PERSON SPECIFICATION

# POST TITLE: Registered Nurse – Band 5

CRITERIA	ESSENTIAL	DESIRABLE	METHOD OF ASSESSMENT
Knowledge and Qualifications	<ul> <li>NMC registered</li> <li>1<sup>st</sup> Level Nurse – RMN</li> </ul>	<ul> <li>Evidence of post registration study and training, e.g. Safeguarding</li> <li>Mentor</li> <li>Intermediate Life Support</li> </ul>	NMC Registration Application form
Experience	<ul> <li>Pre-registration evidence in direct nursing care</li> <li>Experience of providing holistic nursing care</li> <li>Interest in developing nursing skills</li> </ul>	<ul> <li>Clear understanding of clinical governance framework</li> <li>Implement evidence based practice</li> </ul>	Application form  Interview
Skills and competencies	<ul> <li>Clear understanding of contract of care</li> <li>Ability to document details clearly and accurately</li> <li>Clear understanding of consent process</li> <li>Basic IT skills</li> </ul>	<ul> <li>Knowledge of incident reporting policy</li> <li>Awareness of policies</li> <li>Knowledge of incident reporting policy</li> </ul>	Application form Interview
Personal & Disposition	<ul> <li>Ability to communicate effectively</li> <li>Ability to work under pressure</li> <li>The ability to travel between sites in a timely manner</li> </ul>	Ability to speak     Welsh	References